

SALE SHARKS SCHOOLS

PRIMARY SCHOOL RESOURCES



Sharks Community Trust is offering schools, teachers and parents resources to help with home schooling. We have put together a variety of different sessions to help children in Year 1 to Year 6. We hope they help.



Healthy Choices

Can you write draw what food you would eat in a normal day?



AIMED AT: Year 1 and Year 2

Draw as many different
FRUIT and **VEGETABLES** as you can

GREEN

PURPLE

YELLOW

RED



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Where does our food come from?

Around the pictures write what food products come from that source.



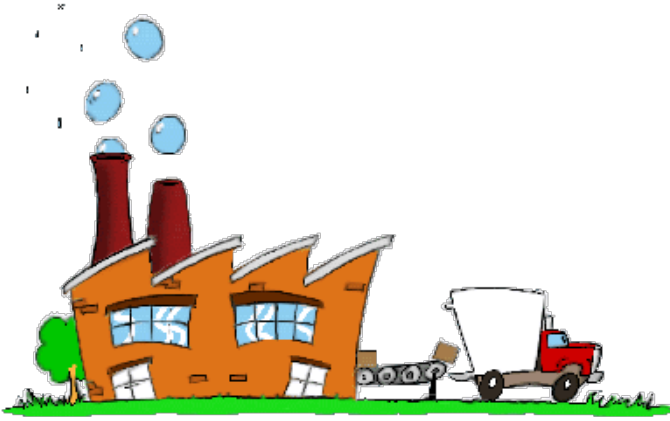


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ENJOYMENT

What does enjoyment mean?

Having
fun

Winning

Being the
best

My name is _____ and I enjoy:

1. _____
2. _____
3. _____

Why should you keep trying?

I'm
losing

I'm having
fun

To
learn

To get
better



Why would you stop doing something you enjoy?

It's not
safe

Time's
up

I'm
losing

I've given
up?

Write 3 Top Tips for enjoying activities?

1. You should make sure your _____
are all having fun.
2. You shouldn't worry about W _____
Or L _____.
3. _____

RESPECT

What is respect?

Being kind
to others

Being
bossy

Thinking
someone is great

Leaving
someone out

Sharing

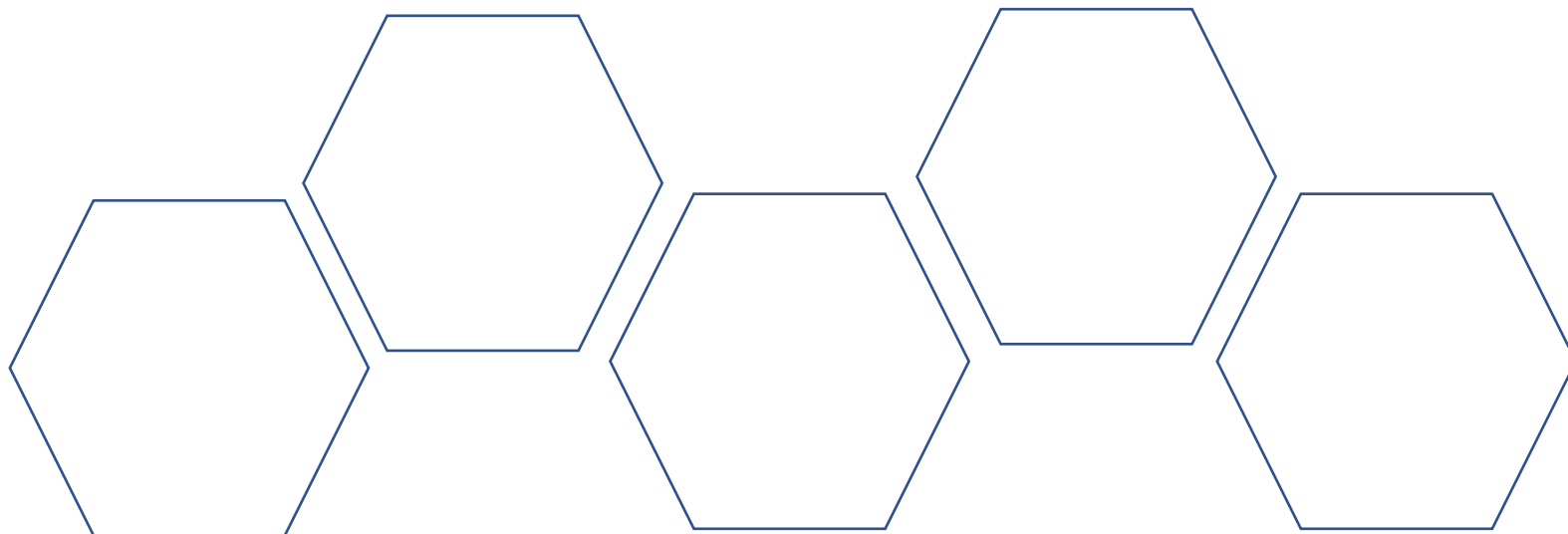
Liking
someone

Thinking of
others' feelings

Being rude

Being
Polite

Who should you show respect to.



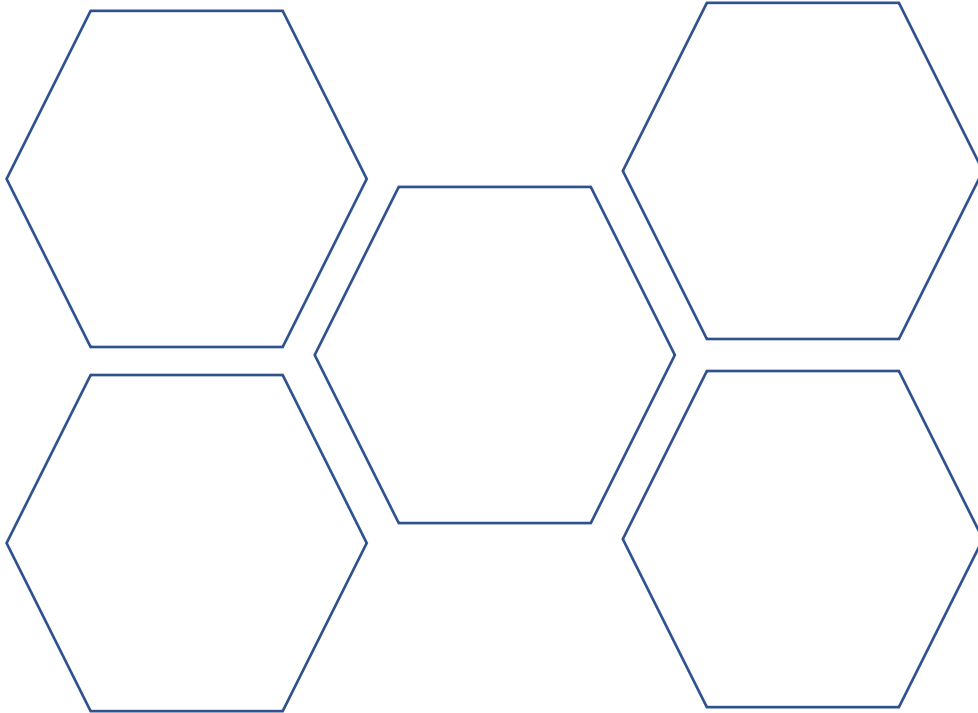
List 5 ways to show respect.

1. _____
2. _____
3. _____
4. _____
5. _____

What is self-respect?



What other ways can you respect yourself.





SCRUMB3R5R



TRY
5 points
○○
○○○

CONVERSION
2 points
○○



PENALTY
3 points
○○○






DROP GOAL
3 points
○○○



Players and their scores

Learning Objective: Adding 2 digit numbers using partitioning

	<p>Josh Beaumont</p> <p>1 try and 1 penalty</p> <p>Points =</p>		<p>Jono Ross</p> <p>2 tries</p> <p>Points =</p>
	<p>Simon Hammersley</p> <p>2 tries and 2 penalties</p> <p>Points =</p>		<p>Dan Du Preez</p> <p>1 try, 2 penalties and a drop goal</p> <p>Points =</p>
	<p>Denny Solomona</p> <p>2 tries, 2 drop goals and 1 penalty</p> <p>Points =</p>		

	<p>Josh Beaumont 1 try and 1 penalty</p> <p> $00000 + 000 =$ </p>	<p>Points</p>
	<p>Jono Ross 2 tries</p> <p> $00000 + 00000 =$ </p>	<p>Points</p>
	<p>Simon Hammersley 2 tries and 2 penalties</p> <p> $00000 + 00000 =$ $00000 + 00000 =$ </p>	<p>Points</p>
	<p>Denny Solomona 2 tries, 2 drop goals and 1 penalty</p> <p> $00000 + 00000 =$ $00000 + 00000 =$ $+ 000$ </p>	<p>Points</p>
	<p>Dan Du Preez 1 try, 2 pen and a drop goal</p> <p> $00000 + 00000 =$ $+ 000 + 000$ </p>	<p>Points</p>

1.

Who scored the highest points?

2.

Who scored the lowest points?

3.



How many players scored more than 20 points?

4.



How many players scored less than 20 points?

1.

How many points did Josh Beaumont and Jono Ross score altogether? ?

2.

How many points did Simon Hammersby and Denny Solomona score altogether?

3.



Which 2 players scored 24 points altogether?

4.



Which pairs of players have a total higher than 30 points?



Challenge

How many points were scored altogether?

Heathy Eating and Maths

What problems can you have if you eat too much sugar?

1. _____
2. _____
3. _____
4. _____
5. _____

These foods are in order of sugar content from lowest content to highest:

1



2



3



4



5



6



7



8

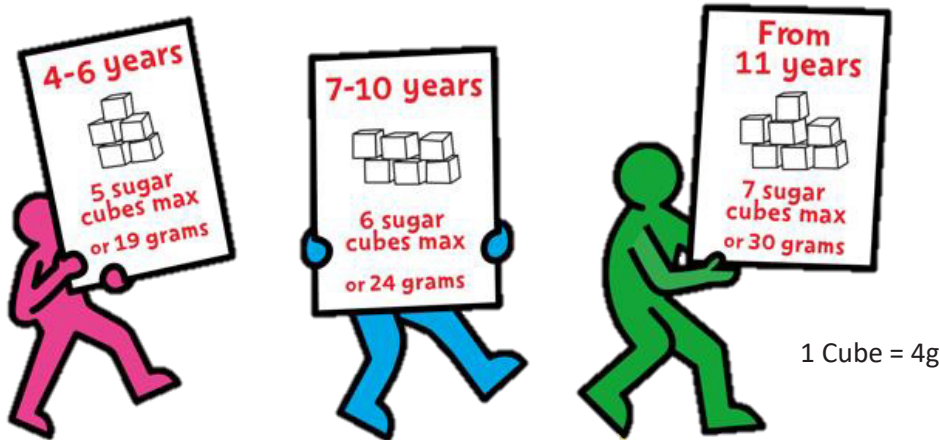


Can you now link the amount of sugar to the foods above.

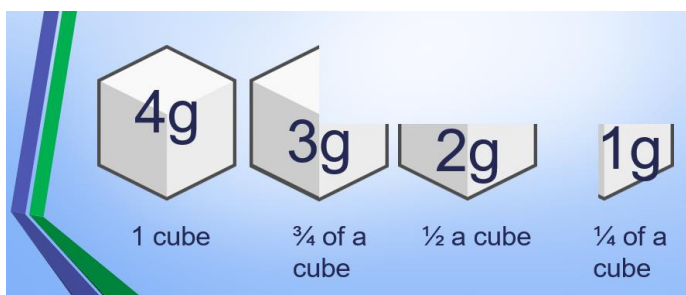
- 11g 35g 11g 1g 36g 42g 21g 9g

SALE SHARKS SCHOOLS

Circle the person who is holding the right card for you.



How many sugar cubes are in the previous foods. Each sugar cube is 4g of sugar.





Can you look around your house and find some health snacks with lower than 10 grams of sugar.

Draw you healthy snacks below and how much sugar it contains.

Name: _____

How much sugar does it contain?

Name: _____

How much sugar does it contain?

Name: _____

How much sugar does it contain?

Name: _____

How much sugar does it contain?



Club shop

Can you help out our club shop by answering some questions?



Forwards Prices



Rugby ball
£2.40



Hat
£1.50



Hoodie
£4.50



Rucksack
£7.00

Backs Prices



Cap
£5.65



Teddy bear
£1.53



Rugby Top
£6.45



Pencils
£3.25

Forwards



How much would it cost to buy the 3 cheapest items?

Use this space to work out your answer

You have £5. How much change will you get if you buy a ball and a hat?

Use this space to work out your answer

You want a cap and a ball but you only have £5. How much more money do you need?

Use this space to work out your answer

How much **more** does it cost to buy a rucksack than a cap?

Use this space to work out your answer

Backs



You have £20.
How much change
do you get if you
buy 3 caps?

Use this space to work out your answer

You have £10. How
much more money do
you need if you buy
3 teddy bears and a
rucksack?

Use this space to work out your answer

You bought rugby
balls for your class.
It came to £19.20.
How many children
are in your class?

Use this space to work out your answer

Challenge



You buy the 4 most
expensive items in the
shop.
How many different ways
can you use coins and notes
to pay the exact amount?

Use this space to work out your answer



AIMED AT: Year 5 and Year 6

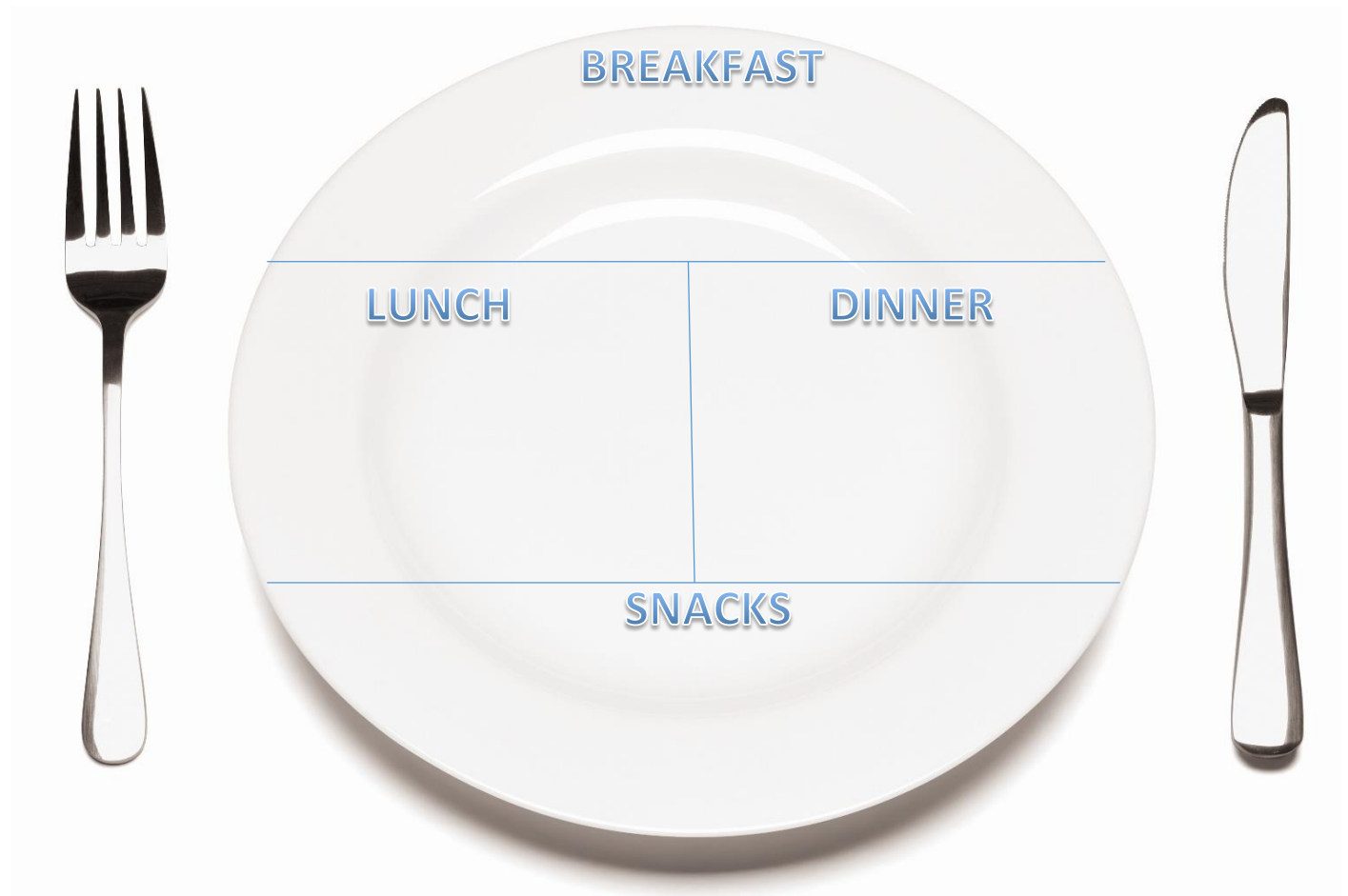
Sharky's Sums

Work out the sums to finish the Sale Sharks facts.

1. Ross Harrison is Sale Sharks most capped player, with $(147+86)$ _____ caps.
2. Sale Sharks was founded in $(3172-1311)$ _____.
3. This season Sale Sharks have scored $(312+144)$ _____ points.
4. Sale Sharks have won $(98 \div 7)$ _____ games this season.
5. Sale Sharks have scored $(52 \div 4)$ _____ tries this season.
6. Jono Ross has made the most tackles for Sale Sharks this season, with $(332-131)$ _____ tackles.
7. The Du Preez brothers are from Durban, South Africa. Durban is almost (3000×3) _____ miles away from the AJ Bell Stadium.
8. Marland Yarde has scored 5 tries in 20 games this season. On average how many points does he score in a game? (Hint: 1 try is worth 5 points)
9. Sale Sharks have been given $(48 \div 8)$ _____ yellow cards this season.
10. Byron McGuigan has made a huge $(300+198)$ _____ meters this season.

Healthy Choices

Can you write down what food you would eat in a normal day?



Write a story of what you do as exercise?



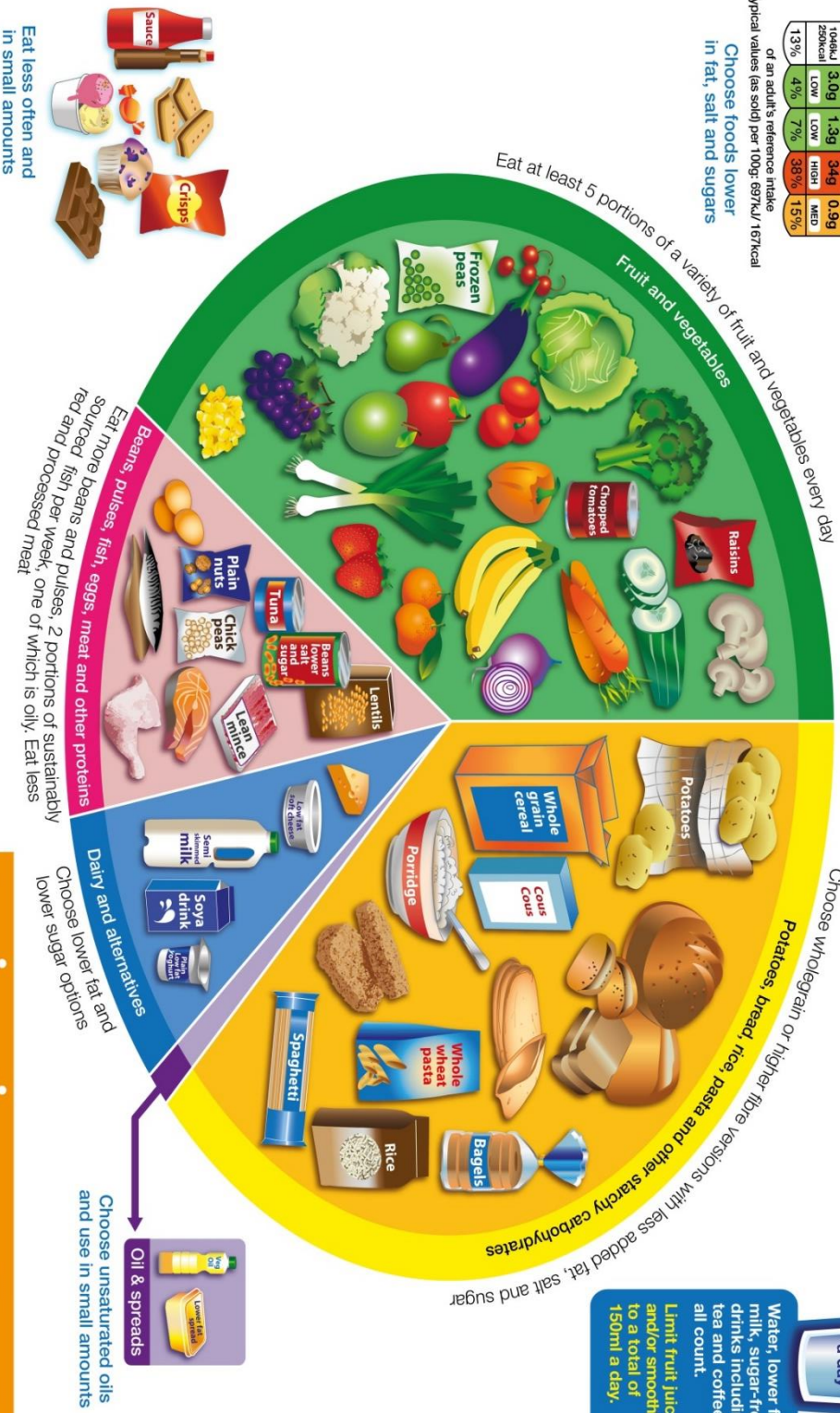
Eatwell Guide

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Energy/100kcal		Fat		Saturated Fat		Sugar		Salt	
LOW	HIGH	LOW	HIGH	LOW	HIGH	LOW	HIGH	LOW	HIGH
3.0g	1.3g	34g	0.9g	13%	4%	7%	38%	15%	

Each serving (150g) contains
Typical values (as sold) per 100g: 697kJ/167kcal

Choose foods lower in fat, salt and sugars



Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS

Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland

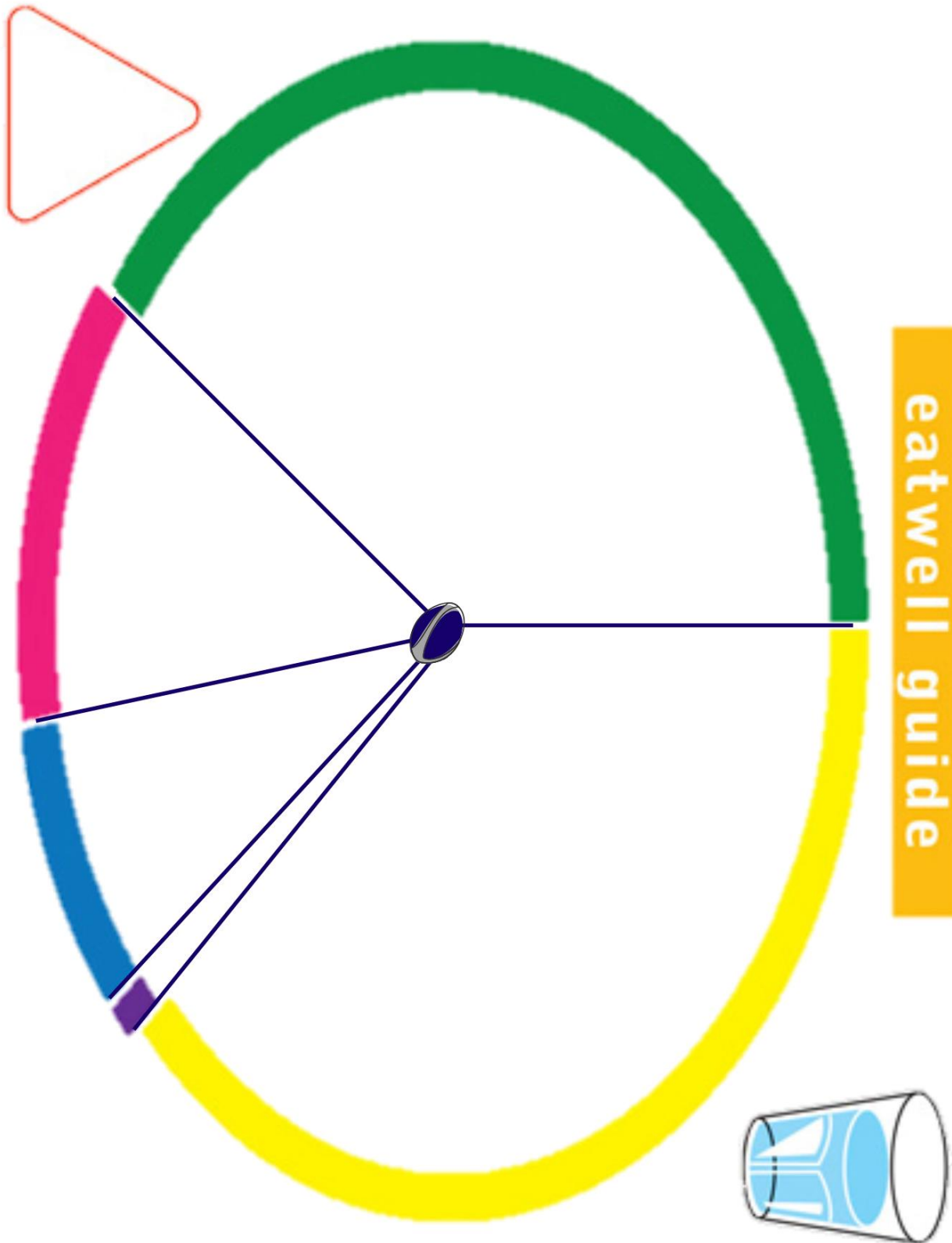
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Where does our food come from?

Around the pictures write what food products come from that source.

GROWN

PROCESSED

CAUGHT

REARED



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PLAYER MEAL

Make Sam a nutritious meal for when he finishes training. Think about the categories in the 'Eatwell Guide' he may need in his meal!

Meal: _____

Carbohydrate Ingredient(s):

Protein Ingredient(s):

Fruit and Vegetable Ingredient(s):

Milk and Dairy Ingredient(s):

Oil and Spread Ingredient(s):



Sam James plays for Sale Sharks and England. He plays the position of Centre. He is 25 years old and from Manchester.



PLAYER FOOD PLAN

Now you have made Sam's dinner, try and do a full day's food plan. Think about the categories in the 'Eatwell Guide' he may need in a day! Each meal must contain at least 3 food groups.

Breakfast:



Lunch:

Dinner:



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AIMED AT: Key Stage 2

Match Report

Sit down and watch your favourite Sale Sharks game of 2020 – take notes! We want you to write us a match report covering all of the most important parts of the game. (You can find games on youtube or Premiership Rugby)

Headline

Opening Paragraph

Key event 1

Key event 2

Quote

“


”


SPORTSMANSHIP

What is sportsmanship?

3 feelings you might experience when you win


 _____


 _____


 _____



3 feelings you might experience when you lose

 _____

 _____

 _____

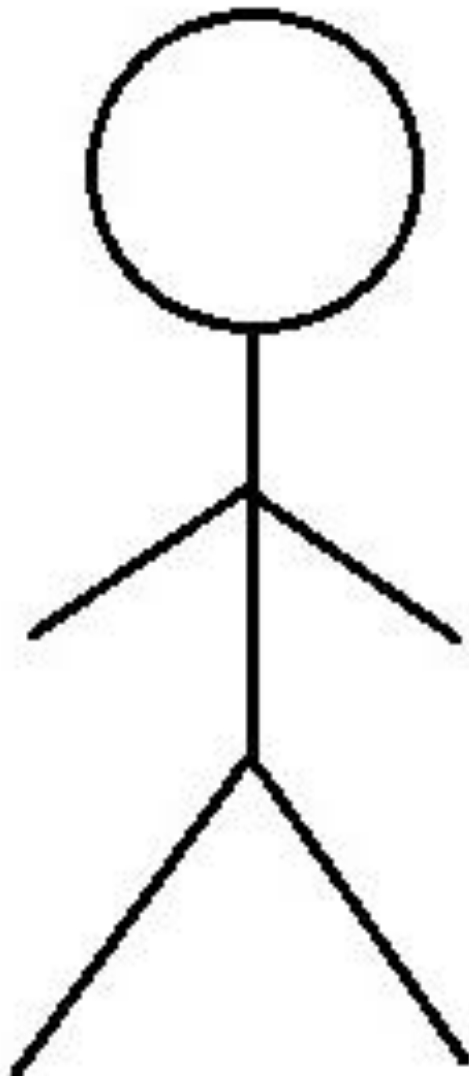


Why is it important to show good sportsmanship in everyday life not just on the sports field?



Character Trait Kit

How many traits can you think of that make a great sports person





Sports Star Fact File

Pick your favourite sports star and complete some research on them.

<p>Name:</p>	<p>Picture</p> <p>caption</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Sport:</p>	
<p>Achievements:</p> <ul style="list-style-type: none">● __________● __________● __________● __________	
<p>Interesting Facts and Information</p> <ol style="list-style-type: none">1. _____2. _____3. _____4. _____5. _____	<p>General Information</p> <p>Age:</p> <p>Height:</p> <p>Nickname:</p> <p>Place of Birth:</p> <p>I chose this sports star because:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>



CONTACT

For further information about the Sale Sharks Schools Programmes, or to book one of our packages, please contact:

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WWW.SALESHARKS.COM/COMMUNITY

Sport-themed literacy for home learning

About this resource

We have compiled here a short list of free sport-themed literacy resources which would be useful for schools to use, or share with families, to support reading and writing in the home learning environment. Keep an eye on <https://literacytrust.org.uk/family-zone/> where we will be uploading more content over the coming period to support families.

For primary schools

1. Looking for some fun stories to read and share? We have several available online stories to download. Available from <https://literacytrust.org.uk/resources/?keyword=football>. Here's one to get you started: *Rocky of the Rovers*. Instalment adventure story written during the Women's World Cup 2019, as the Lionesses, and Rocky of the Rovers, travelled to France: <https://literacytrust.org.uk/resources/rocky-rovers-france-2019-womens-world-cup-football-story-tom-palmer/>.
2. Two free e-books! The first two books from the re-booted Roy of the Rovers series are temporarily available for free: <https://royoftheroversofficial.com/news/2297>.
3. Suggested football-themed reads: <http://booksforkeeps.co.uk/issue/230/childrens-books/articles/ten-of-the-best/11-of-the-best-football-reads-for-children>.
4. Premier League Primary Stars will be hosting home learning resources for families to use football to inspire their children, including elements of the Premier League Reading Stars programme and the chance to write and share poems to inspire us all! <https://plprimarystars.com/>.
5. A toolkit with lots of easy to deliver football-themed literacy activities: <https://literacytrust.org.uk/resources/love-football-love-reading/>.
6. Based around this year's 6 Nations tournament, a rugby-themed toolkit with literacy activities: <https://literacytrust.org.uk/resources/hot-topic-six-nations-rugby/>.
7. You could look at websites of authors who write books themed around sport. They host videos of writing tips as well as fun stuff to keep you reading and learning about how they write. Some to get you started: Football School: <https://www.footballschool.co/>; Tom Palmer: <https://tompalmer.co.uk/>; Football Heroes: <https://heroesfootball.com/>; Dan Freedman: <http://www.danfreedman.co.uk/>.
8. For active literacy activities, schools can access The FA's Shooting Stars programme and download stories and activities aimed at KS1 girls: <https://literacytrust.org.uk/programmes/sport-and-literacy/shooting-stars/>.

For secondary schools

1. Take part in an online comprehension challenge to unlock a freestyle football tutorial. If your school or club has full access to the Skills Academy programme all of your Y7 & Y8 students can be signed up to access all of the challenges and rewards:
<https://skillsacademy.literacytrust.org.uk/about>.
2. Another football-themed short story for Years 6, 7 & 8 – this time not linked to a tournament! <https://literacytrust.org.uk/resources/free-short-story-tom-palmer-years-6-7-and-8-maybe-football-exciting/>